

Dosimetric Assessment and Characteristics of the MLCs for Irregular Shaped Radiation Fields

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ABSTRACT

The three-dimensional conformal radiotherapy (3D-CRT), intensity-modulated radiotherapy (IMRT), and image-guided radiotherapy (IGRT) are the most advanced techniques in radiotherapy, which use irregular fields—using multileaf collimators in a linear accelerator. The accuracy of these techniques depends on dosimetric characteristics of the multileaf collimators. There is an option for optimizing the jaws to the irregular MLC field to reduce the scattered radiation and intra- and inter-leaf radiation leakage beyond the field. In this study, 80 leaf MLC system has been taken to compare and differentiate their characteristics with 6-MV, and 10-MV photon beams. The MLC system in Elekta linear accelerator is used as a separate unit, that is, The dosimetric characteristics include dose rates, percentage depth doses, surface dose, dose in the build-up region, penumbra, and width of 50% dose levels
Keywords: *radiotherapy, multileaf collimator, quality assurance, IMRT.*

Introduction

The goal of radiation therapy is to administer a therapeutic dose of radiation to a target while limiting the side effects caused by delivering the dose to surrounding tissues and vital organs. The ongoing pursuit to achieve an optimal dose distribution has prompted the radiation therapy profession to develop new techniques that incorporate advances in technology. In radiation therapy today, modern techniques that include three-dimensional conformal radiation therapy (3D-CRT) and intensity-modulated radiation therapy (IMRT) are routinely used in the treatment of cancers. Compared with 3D-CRT, IMRT is capable of producing dose distributions that conform to the planning treatment volume and deliver a reduced dose to surrounding tissues and vital organs. This has come with the cost of increased treatment time and a larger volume of normal tissue receiving low radiation doses. Most recently, there has been considerable interest in the rotating gantry IMRT techniques, tomotherapy and volumetric-modulated arc therapy (VMAT). Tomotherapy is a dedicated treatment system that is best described as a combination of a computed tomography scanner and a linear accelerator. In tomotherapy, treatment is delivered using a rotating fan beam. A therapeutic dose is delivered when a patient is translated smoothly through the bore of the machine as its gantry continuously rotates.

Conformity can be achieved through a series of conformal dynamic arcs. In the case of the intensity modulation radiotherapy treatment (IMRT), the change of the field shape is accompanied by the beam on, a certain amount of leaf position error has to be accepted in order to make the treatment deliverable. Therefore, to ensure that the treatment is delivered accurately, it is essential that an efficient and effective quality assurance program can be applied on a routine basis. The Static test in current paper provide a quantitative information about the leaves locations based on well-defined radiation-centre crossed lines, using analysis software for Matrix for Iba company as it is a powerful image analysis tool allowed us to analysis images with high resolution, up fraction of millimeters, and Comparing the measured MLC's A and B values with the expected value listed in MLC file to get the positional errors for each leave over A and B banks.

Materials and Methods

All the following equipment was from Elekta Systems,. A linear accelerator Elekta Synergy Platform, equipped with a 80-leaf MLCi, was used for IMRT Therapy. The treatment energy used was 6 MV and 10 MV photons beam. The MLC consists of 40 pairs of leaves of 1 cm covering fields up to 40 cm x 40 cm. The MLC is a computer controlled device consists of set of opposing leave pairs moving in the X jaws direction and fixed below it on two opposing carriages (banks). All these systems were interfaced with Mosaiq (Radiation Oncology information system). ISOCHECK; Isocenter and Iba Blue 3D water phantom and and RW3 slab phantom, is tissue-equivalent with a density of 1.04 g/cm³; its dimensions are 30 cm × 30 cm × 30 cm, , and a Pinpoint ion chamber .All equipment used is produced by Iba (Iba dosimetry company)

Dosimetric Characteristics of MLC

In current paper the dosimetric characteristics of multileaf collimators (MLCs) were evaluated for 6- MV and 10 -MV photon beams . The percentage depth dose, surface dose, dose in the build-up region, beam profile, flatness, symmetry, and penumbra width were measured using three field-defining methods: (i) "Jaw only", (ii) „MLC only“, and (iii) "MLC+Jaw". Analysis of dose rate shows that the dose rate for „MLC only“ field was higher than that for "Jaw only" and "MLC+Jaw" fields in both the energies.

Clinical Application for Prostates Case

To create MLC fields of leaf position with different location that covers a wide range of clinical use, so that separate this wide range of fields to study it individually and take the advantage of MLC repetition in this separation for the study of reproducibility of the MLC.

Results and Discussion

Collimator Rotation Isocenter

The mechanical rotational isocenter for the collimator axis should be confined to a sphere of ≤ 1.0 mm radius. Rotation of the collimator from 90° to 270° while observing the pointer run-out that verify the worst case run-out meets specification.

Beam Profile for small field Size: for MLCi with Jaws and Jaws only

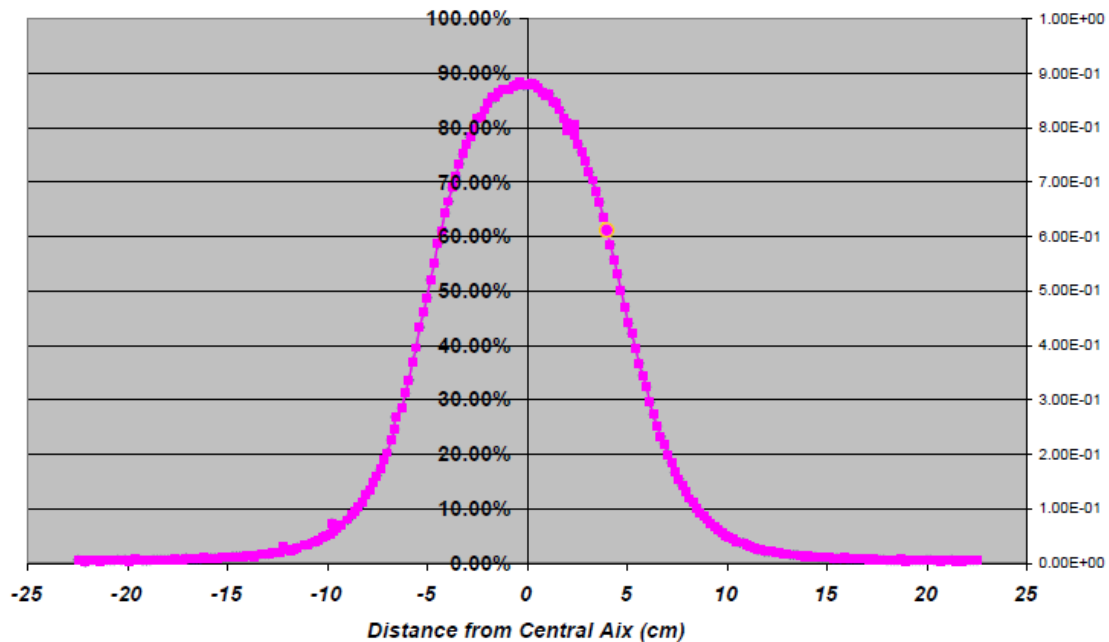


Fig (1): Beam Profile for field size 1x1 cm 2 for MLCi with Jaws and Jaws Only

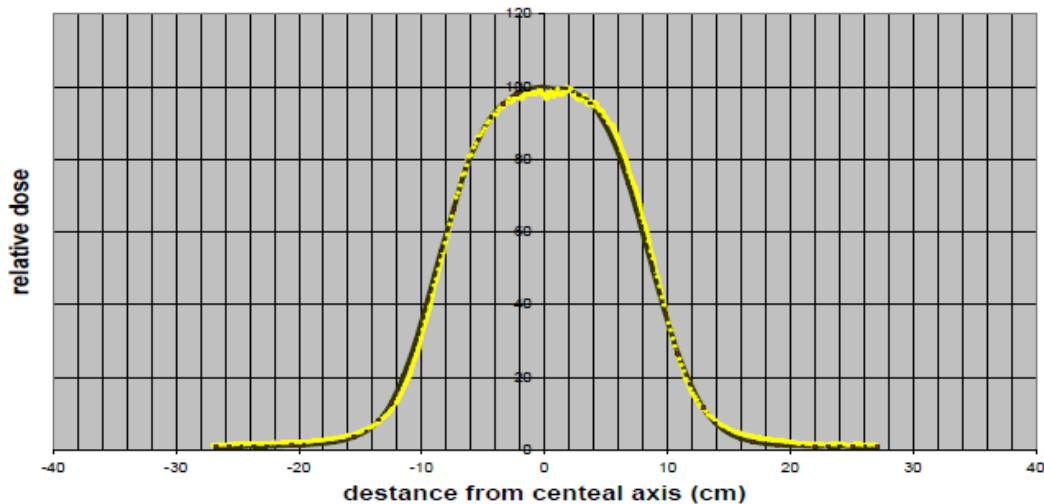


Fig. (2): Beam Profile for field size 1x1 cm 2 for MLCi with Jaws and Jaws Only

The beam profiles were measured using 80 -leaf MLC system, for the square field sizes $1 \times 1 \text{ cm}^2$, $2 \times 2 \text{ cm}^2$, $10 \times 10 \text{ cm}^2$, and $20 \times 20 \text{ cm}^2$ at d_{max} and 10 cm in the cross-plane orientation for the three field-defining methods mentioned in section D. The flatness and symmetry of the beam profiles were determined for the fields defined above; it was found that the flatness and symmetry were within 2.7% for both energies. The “width of 50% dose level” was measured and analyzed; it was observed that the width of the “MLC only” field was higher by 2 to 3 mm for 6-MV and 2 to 2.5 mm for 10-MV photon when compared with “Jaw only” and/or “MLC+ Jaw”

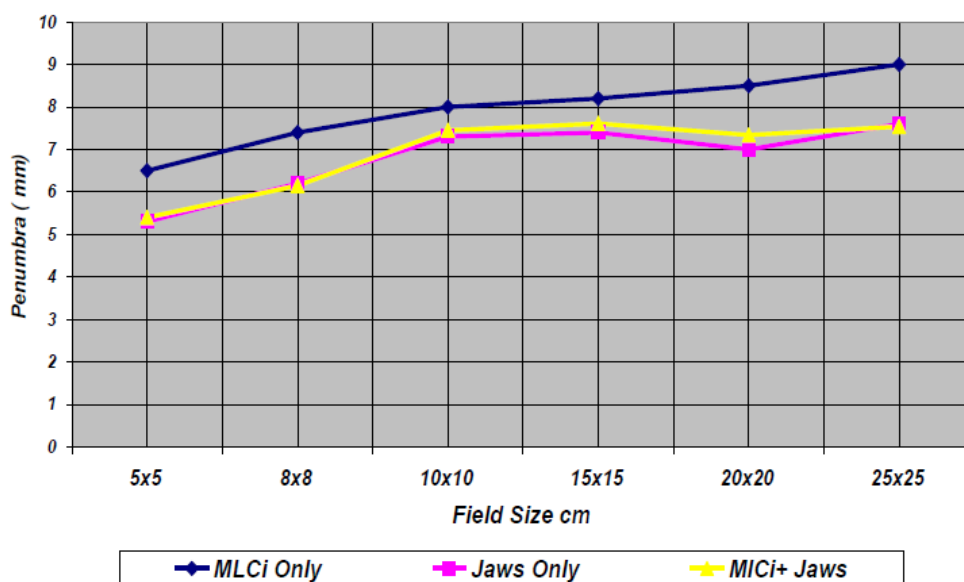


Fig. (3): Penumbra Comparison Between MLCi and Jaws for 6MV photon Beam

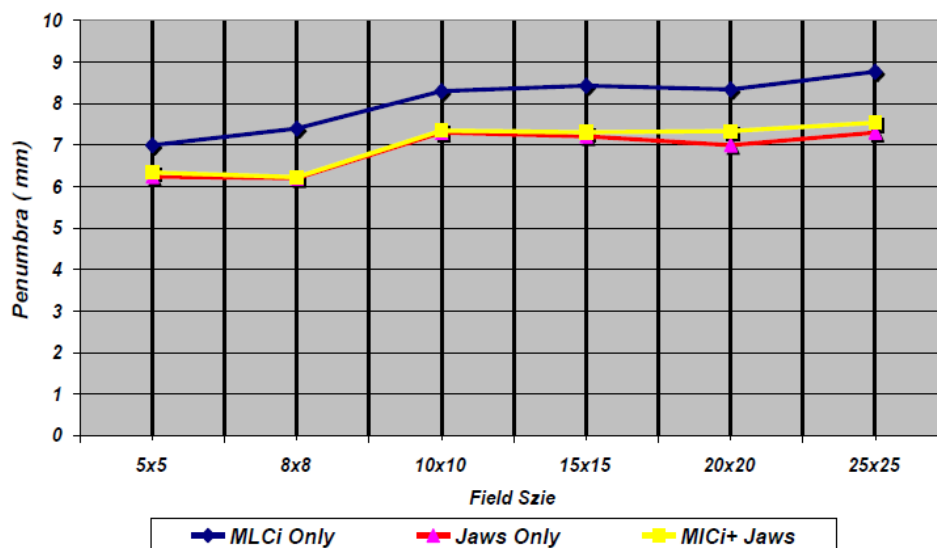


Fig. (4): Penumbra Comparison Between MLCi and Jaws for 10MV photon Beam

The penumbra (80% to 20%) was measured at depth d_{max} . Penumbra of “MLC only” field was more than that of “Jaw only” and “MLC+ Jaw” by 1.7 to 2.7 mm for 6-MV and 2.3 to 3 mm for 10-MV photon beam. Figures 3 and 4 show the penumbra at depth d_{max} for 6 MV and 10 MV respectively.

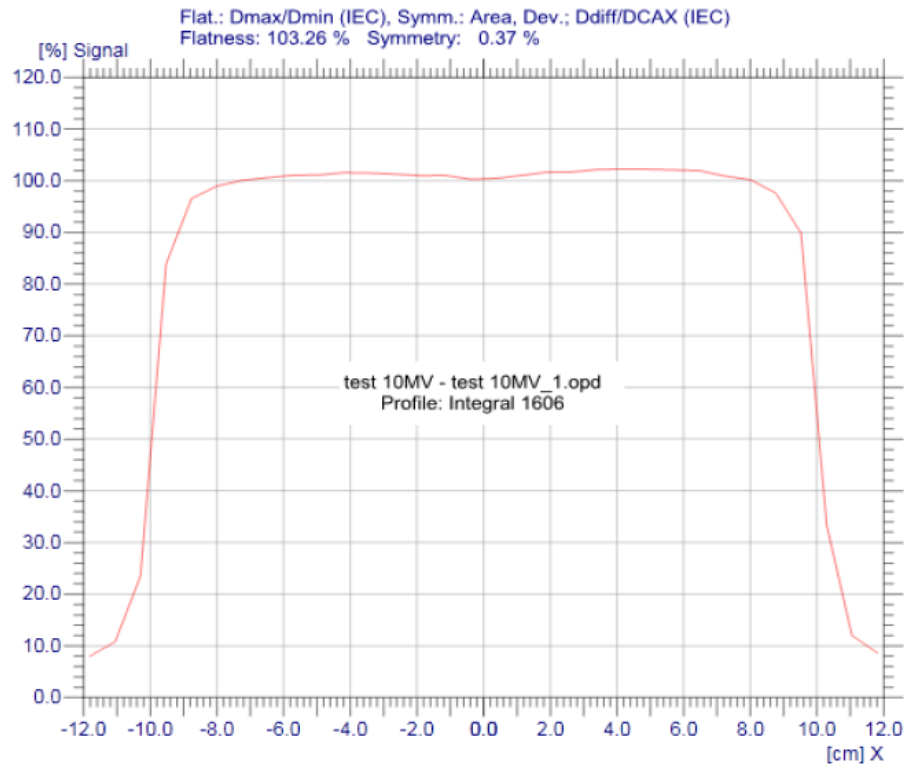


Fig (5): Profile for 10 MV X- ray using Iba Matrix to check Energy and flatness before start Measured for Case.

IMRT is the delivery of radiation to the patient via fields that have non-uniform radiation fluence. The introduction of IMRT creates IMRT improves on the dose distributions achieved using 3D-CRT. 3D-CRT beams are fashioned with tight margins to conform to a target volume. A major limitation of 3D-CRT is that it is unable to account for indentations in the target where critical structures invaginate into the target volume. IMRT addresses this shortcoming of 3D-CRT in that IMRT offers great flexibility in sculpting the dose to complex-shaped targets. The complex shapes achieved using IMRT are made possible in that IMRT considers each radiation beam as multiple rays, or beamlets, and assigns different beam strengths to the individual rays. These beamlets treat small areas of tissue, called voxels, which are a cubic millimetre of space. The beamlets are designated to satisfy the predetermined dose specifications to the tumor site and surrounding normal tissues. By modulating both the number of treatment fields and the intensity within each field, there is a greater control of dose distribution around the target and the dose homogeneity within the target.

IMRT for prostate Case as clinical Application:-

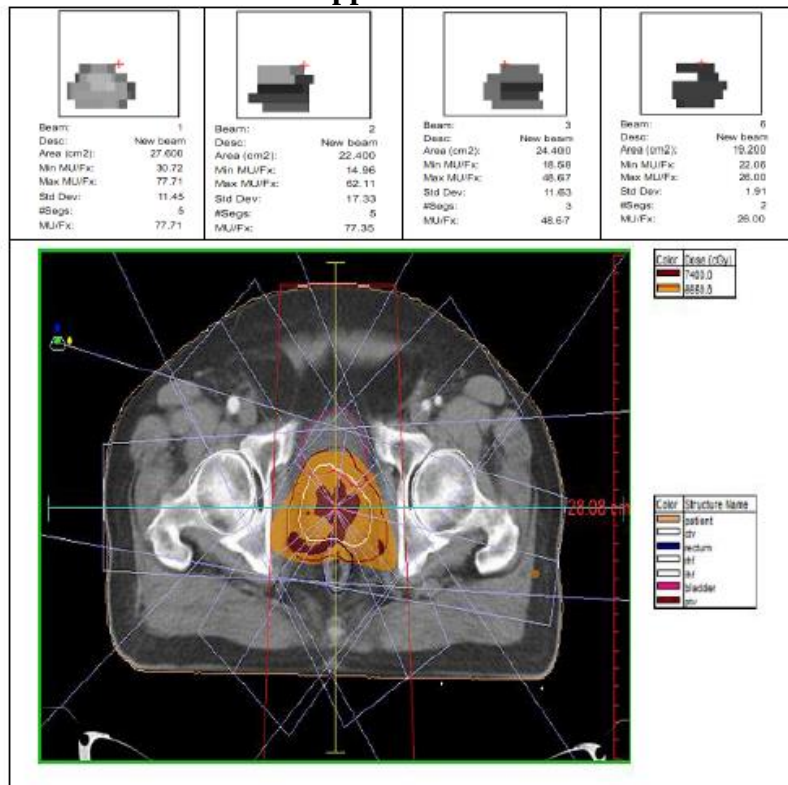


Fig (6): Prostate plan and Fluence for some fields as example

Comparison between plan and Measurements for Prostate case

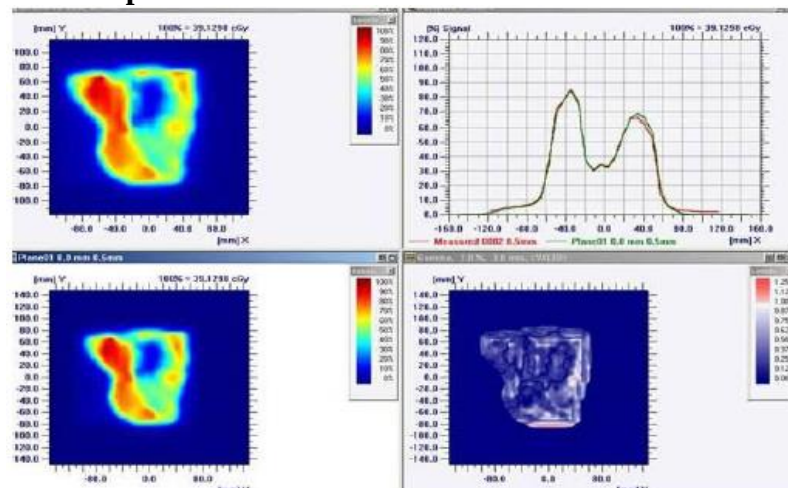


Fig (7): Comparison between Measured and plan data using treatment planning system and Match between tow profiles for Measured (Red color) and Plan Profile (Green one)

Conclusions

This protocol was describing the quality assurance (QA) tests on the multileaf collimator (MLC) for IMRT techniques. QA tests were designed and used to simultaneously determine uncertainties associated with MLC for dose delivery errors. The dosimetric characteristics of the Elekta 80-leaf MLCi system were measured, compared, and analyzed using 6-MV and 10-MV photon beams. It was found that its characteristics were quite similar to those of the standard collimator (jaws) system and penumbra. Dose rate for 6-MV and 10-MV photon beams was higher for “MLC only” field than that for the other two field-defining methods. The PDD comparison shows that the surface dose and dose in the build-up region were more for „MLC only“ fields. Beam profile analysis shows that the flatness and symmetry for both the systems were within 2.6%; the „width of 50% dose level“ and penumbra were slightly higher for „MLC only“ fields in both energies. The results of this study suggest that standard collimator jaws should be optimized to the irregular MLC field (i.e., MLC+Jaw) to minimize the surface dose, dose rate, penumbra, and dose in the build-up region.

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